



At Sea

THE DAILY



May 6, 2024
Tonight's Dress: Dressy

Bound for The Great Land

Alaska, known as “the last frontier,” boasts unspoiled habitats including mountains, rich waters, glaciers, and the world’s largest temperate rainforest – the Tongass. This unique and diverse ecosystem supports abundant wildlife, from humpback whales to soaring eagles. You’ll want to lookout for...

Marine Life

Alaska’s waters are teeming with life. The coastline provides a critical habitat for a range of species, several of whom migrate to Alaska in the summer months. Look for orcas, salmon, seals, sea lions, sea otters and more.



Land Animals

You won’t have to look far to find some of the amazing land animals that call the forests and tundra of Alaska home. While many animals can be seen immediately at any port and along the shore, others like the massive moose or stealthy wolves, can be found with the help of local guides or overland tours.



Birds

Juneau boasts nearly 30,000 bald eagles, almost one per resident. You’ll have the opportunity to see majestic Alaskan birds such as puffins, ravens, and arctic terns, which migrate from pole to pole. Keep an eye out for these incredible terns.



Today's Activities & Promotions

7:00a	 	Abs Class	Fitness Center, 9
7:30a	 	Walk A Mile	Ocean Bar, 3
7:30a	 	Pathway to Yoga \$20	Fitness Center, 9
8:00a	 	Tai Chi for Everyone	Lido Poolside, 9
8:00a	 	Mass is Celebrated	Hudson Room, 3
9:00a	 	Pickleball Instruction: The Basics NEW	Sport Court, 11
9:00a		GoPro Cameras and Binoculars Sale PROMOTION	Lido Poolside, 9
9:00a	 	Coffee with Gage Featuring Wildlife Expert Dominic. NEW	Rolling Stone Lounge, 2
9:00a	 	Acupuncture: A Life-Changing Introduction	Explorer's Lounge, 2
9:30a	 	Military Meetup For former and active service personnel.	Exploration's Cafe, 11
9:30a	 	Adventures with Watercolor: Jelly Fish	Art Studio, 11
10:00a		Party Bridge Play until 12:00pm	Hudson Room, 3
10:00a	 	SURF's Up Slot Tournament	Casino, 2
10:00a		Evening Soiree Event: Save Up to 50% PROMOTION	The Shops, 3
10:00a	 	Learn to Line Dance	Rolling Stone Lounge, 2
10:00a	 	Poker Tournament	Casino, 2
10:00a	 	Pickleball Tournament NEW	Sport Court, 11
10:30a	 	Origami Folding: Butterfly	Art Studio, 11
10:30a		Early Bird Diamond Dash PROMOTION	Effy Jewelry, 3
11:00a	 	Mixology Class: Cosmos & Manhattans \$20	Ocean Bar, 3
11:00a	 	The Surreal World of Salvador Dali Seminar	Explorer's Lounge, 2
11:30a	 	Modern Brush Lettering NEW	Art Studio, 11
12:00p	 	Singles & Solo Travelers Meet for Lunch	Dining Room, 2
12:00p	 	Health Seminar: Increase Your Metabolism	Fitness Center, 9
12:00p	 	Alaska Shopping Show Receive a complimentary gift for attending. NEW	World Stage, 2
1:00p	 	Ping Pong Tournament	Lido Poolside, 9
1:00p	 	The Art of Flower Arranging NEW	Rolling Stone Lounge, 2
1:00p	 	Today's Trivia: General Knowledge	Billboard Onboard, 2
1:30p	 	Creating Designs from Doodles	Art Studio, 11
2:00p	 	Regional Wine Tasting \$29 NEW	Dining Room, 2
2:00p	 	Let's Play Cornhole	Shuffleboard Court, 10
2:00p	 	Tech for Travelers: Planning Travel Planning at Your Fingertips. NEW	Rolling Stone Lounge, 2
2:30p	 	Adventures with Watercolor: Jelly Fish	Art Studio, 11
2:30p		Guess the Year - Certified Pre-Owned Rolex PROMOTION	The Shops, 3
3:00p		Dutch Tea is Served	Dining Room, 3
3:00p	 	Relieve Back, Neck and Shoulder Pain Naturally	Half Moon Room, 3



3:00pm - World Stage, 1, 2 & 3 (2 hours, 4 minutes)
Today's Movie: Boys in the Boat (PG-13)
 Members of the rowing team at the University of Washington get thrust into the spotlight as they compete for gold at the 1936 Olympics in Berlin.

3:00p	● ● \$1,000	Jackpot Bingo: Tickets On Sale at 2:00pm	Billboard Onboard, 2
3:30p	🕒 ●	Modern Brush Lettering	Art Studio, 11
4:00p	🕒 ●	Music Trivia: Hits of the 1960s	Billboard Onboard, 2
4:00p	● ●	Shopping Q&A with Hayley	Shopping Concierge, 1
4:00p	🕒	Friends of Bill W. Meet	Stuyvesant Room, 3
4:30p	🕒 ●	Origami Folding: Butterfly	Art Studio, 11
4:30p		Dressy Night Portrait Studios until 10:00pm PROMOTION	Deck 2
5:00p		Martini Hour at the Tamarind Bar PROMOTION	Tamarind Bar, 11
6:00p	● ●	Salvador Dali Unveiling	Art Gallery, 2
6:00p	🕒 ●	Total Body Conditioning	Fitness Center, 9
6:00p		Dining Room Photo Opportunity until 7:00pm PROMOTION	Dining Room, 2
6:30p	🕒 ●	Singles & Solo Travelers Meetup	Ocean Bar, 3
7:00p	🕒 ●	Young Adult Meetup For guests ages 18 - 30	Exploration's Cafe, 11
7:00p		Ladies' Night in the Thermal Suite \$39 PROMOTION	Greenhouse Spa, 9
7:15p	●	Captain's Welcome Raise a glass with Captain Ryan Whitaker.	NEW World Stage, 1, 2 & 3

Live Music

Rolling Stone LOUNGE

Days of Disco
8:45pm

Rock the 80s
9:45pm

Le Funk
10:45pm

billboard onboard

Hot R&B
8:15pm

Hot Country
9:15pm

All Requests
10:15pm

OCEAN BAR

Third Avenue West Plays

5:00pm
6:00pm
8:30pm
9:30pm

7:30p	🕒 ●	PRIDE Meetup For LGBTQ+ and friends	Pinnacle Bar, 2
8:00p	🕒 ●	Game Night: True or False NEW	Rolling Stone Lounge, 2
8:00p	● ●	\$1/\$2 No Limit Texas Hold'em Cash Game	Casino, 2
8:30p		A Night to Celebrate: Effy Gala PROMOTION	Effy Jewelry, 3
11:15p	● ●	Dance to the Hits	Rolling Stone Lounge, 2
11:30p		Stay and Play Slots All Night	Casino, 2

TODAY ON **WORLD** STAGE

Decks 1, 2 & 3, forward



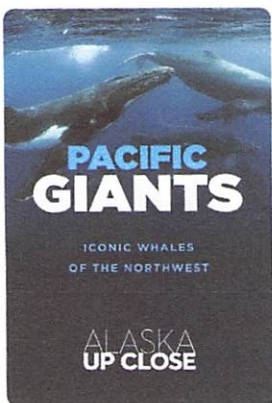
10:00am

LOCAL

Shore Excursions: What to See and Do Ashore

Join Your Shore Excursions Manager Juan to learn more about the upcoming ports of call.

WE ♥ ALASKA™



11:00am

LOCAL

Alaska Up Close: Pacific Giants

Iconic Whales of the Northwest.

WE ♥ ALASKA™



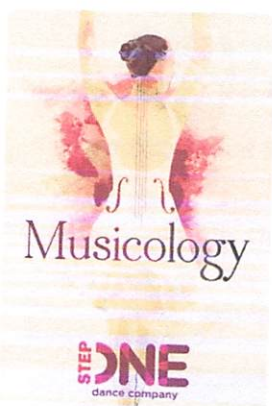
2:00pm

LOCAL

When & Where to Spot Wildlife

With your wildlife expert Dominic.

WE ♥ ALASKA™



7:30pm & 9:00pm

NEW

The Step One Dance Company: MUSICOLOGY

Sound and Dance Unite as the Orchestra Comes Alive.

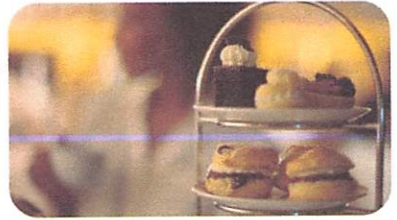
DINING HIGHLIGHTS

Dutch Themed Afternoon Tea

3:00pm - 3:45pm

Dining Room, 3

Celebrating 150 years of heritage.



The Flavors of Alaska

Look for the Taste Alaska logo each day in the Dining Room and Lido Market to experience local ingredients and flavors.

TASTE
ALASKA

TONIGHT IN THE LIDO MARKET

TASTE
ALASKA

Fresh Yellow Fin Sole

HOURS

Restaurants

Dining Room

Cruising Classics
8:00am - 9:30am
12:00pm - 1:00pm
5:00pm - 9:00pm
Deck 2, aft

Canaletto ^{\$}

Fresh Italian Pasta
5:00pm - 9:30pm
Deck 9, mid-ship

Pinnacle Grill ^{\$}

Steak & Seafood
12:00pm - 1:00pm
5:00pm - 9:30pm
Deck 2, mid-ship

Tamarind ^{\$}

Pan-Asian Cuisine
5:00pm - 9:30pm
Deck 11, mid-ship

Morimoto by Sea ^{\$}

Contemporary Asian
5:00pm - 9:30pm
Deck 11, mid-ship

Lido Market

Casual Dining
7:00am - 10:30am
11:30am - 2:00pm
2:00pm - 4:30pm*
5:30pm - 8:00pm
10:30pm - 11:30pm*
Deck 9, mid-ship & aft

New York Deli & Pizza

Hand-made Pizzas
11:30am - 11:30pm
Deck 9, aft

Dive-In

Burgers & Hot Dogs
11:30am - 5:30pm
Deck 9, mid-ship

^{\$} cover charges apply * select stations available



The artwork featured on our program and Dining Room menus was created by Rico Worl, a Tlingit/Athabacan designer. He is the founder of Trickster Company which strives to promote innovative indigenous design.

DRINKS

Coffee, Treats & More

Explorations Café

6:00am - 9:00pm

Deck 11, forward

Pinnacle Bar

7:00am - 4:00pm

Deck 2, mid-ship

Drip coffee and tea are always available in the Lido Market.

Wine & Cocktails

Pinnacle Bar

4:00pm - 10:00pm

Deck 2, mid-ship

Lido Bar

7:00am - 9:00pm

Deck 9, mid-ship

Ocean Bar

10:00am - 11:00pm

Deck 3, mid-ship

Check Navigator for a full list of bar hours.

Guests 21 and over are welcome to purchase and consume alcoholic beverages. Proper identification is required, and guests will be asked to verify their age.

HOURS

Services

Future Cruises

9:00am - 12:00pm

2:00pm - 5:00pm

Deck 1, mid-ship

Guest Services

24 hours (Dial 90)

Deck 1, mid-ship

Medical Center

9:00am - 12:00pm

3:00pm - 6:00pm

A Deck, forward

Shore Excursions

9:00am - 1:00pm

2:00pm - 6:00pm

Deck 11, forward

Dining Reservations

24 hours (Dial 88)

Room Service

24 hours (Dial 92)

Shopping Concierge

4:00pm - 5:30pm

Deck 1, mid-ship

Shopping

Art Gallery

10:00am - 12:00pm

6:00pm - 10:00pm

Deck 2, mid-ship

Photo Shop

9:00am - 10:00pm

Deck 3, aft

The Shops

9:00am - 10:30pm

Deck 3, mid-ship

Recreation

Fitness Center

6:00am - 9:00pm

Deck 9, forward

Hot Tubs

9:00am - 10:00pm

Deck 9, mid-ship, aft

Casino

9:00am - Late

Deck 2, forward

Pools

7:00am - 10:00pm

Deck 9, mid-ship, aft

Spa & Salon

8:00am - 10:00pm

Deck 9, forward

Sport Court

7:00am - 10:00pm

Deck 11, mid-ship