



Anchorage, Alaska

THE DAILY



May 9, 2024

Tonight's Dress: Casual

Going Ashore in Anchorage

Today the port of Anchorage will provide a complimentary shuttle service between the pier and William A. Egan Civic & Convention Center beginning at 8:00am. During our stay in Anchorage, shuttle service will not run from 2:30pm until 4:15pm as the gangway will be closed due to low tide conditions, and guests will not be able to go ashore or return to the ship during this time. The last shuttle will leave the Egan Center at 4:15pm. As always, please remember to carry your stateroom keycard and a government issued photo ID ashore with you.

Tai Chi for Everyone

Gentle exercise to get moving.

8:00am

Lido Poolside, 9



Health Seminar: Increase Your Metabolism

Learn how to lower blood pressure, reduce cholesterol and blood sugar levels as well as the secrets behind reducing water retention.

2:00pm

Fitness Center, 9



Splurge Event - Just For You!

You deserve something really special! Treat yourself to an extraordinary handbag at this special event.

6:00pm

The Shops, 3



Game Night: Don't Look Now & La La Land

8:30pm

Rolling Stone Lounge, 2




Today's Activities & Promotions

7:00a	 	Sunrise Stretch	Fitness Center, 9
7:30a	 	Walk A Mile	Ocean Bar, 3
7:30a	 	Guided Meditation \$20	Fitness Center, 9
8:00a		Nieuw Amsterdam Arrives in Anchorage	
8:00a		Crosswords & Number Puzzles are Available	Library, 3
8:00a		Anchorage Photo Opportunity until 11:00am PROMOTION	Gangway
8:00a		Spa Special: The Perfect Day PROMOTION	Greenhouse Spa, 9
8:00a	 	Tai Chi for Everyone	Lido Poolside, 9
8:30a	 	Body Sculpt Boot Camp \$69	Fitness Center, 9
9:00a	 	Shuffleboard Challenge	Shuffleboard Court, 10
9:30a	 	Creating Designs from Doodles	Art Studio, 11
10:00a	 	Let's Play Cornhole	Shuffleboard Court, 10
10:00a		Party Bridge Play until 4:00pm	Hudson Room, 3
10:30a	 	Origami Folding: Crane	Art Studio, 11
12:00p		The Art of Reflexology PROMOTION	Greenhouse Spa, 9
1:00p		Meet for a Game of Mahjong until 4:00pm	Crow's Nest, 11
1:00p	 	Today's Trivia: General Knowledge	Billboard Onboard, 2
		2:00pm - World Stage, 1, 2 & 3 (1 hour, 18 minutes) Today's Movie: Disneynature Bears (G) American nature documentary film about a family of brown bears living in the coastal mountain ranges of Alaska.	
2:00p	 	Health Seminar: Increase Your Metabolism	Fitness Center, 9
3:00p	 	Ping Pong Tournament	Lido Poolside, 9
3:30p	 	Coloring for Adults	Art Studio, 11
3:30p		50% Off Happy Hour PROMOTION	Ocean Bar, 3
3:30p		50% Off Happy Hour PROMOTION	Billboard Onboard, 2
4:00p	 	Team Trivia Challenge	Billboard Onboard, 2
4:00p	 	Health Seminar: Improve Your Posture	Fitness Center, 9
4:00p	 	Let's Play Pickleball	Sport Court, 11
4:00p		Friends of Bill W. Meet	Stuyvesant Room, 3
4:30p		All Aboard as Nieuw Amsterdam Departs Anchorage	
4:30p	 	Creating Designs from Doodles	Art Studio, 11
5:00p		Mass is Celebrated	Hudson Room, 3
5:00p		Martini Hour at the Martini Bar PROMOTION	Tamarind Bar, 11
5:00p		Diminish Swollen Ankles & Fluid Retention PROMOTION	Fitness Center, 9
5:00p		Casual Night Photos On Display until 10:00pm PROMOTION	Photo Gallery, 3

5:00p	Have Your Casual Portrait Taken	PROMOTION	Deck 2
5:30p	Guess the Price of the Gemstone	PROMOTION	Effy Jewelry, 3
5:30p	👤 \$1/\$2 No Limit Texas Hold'em Cash Game		Casino, 2
5:30p	Secrets to Tighter, Smoother Looking Skin	PROMOTION	Greenhouse Spa, 9
6:00p	🕒 👤 Evening Stretch		Fitness Center, 9
6:00p	GoPro and Binoculars Sale	PROMOTION	Photo Gallery, 3
6:00p	👤 Shopping Q&A with Hayley		Shopping Concierge, 1
6:00p	\$14.99 Backpack with \$50 Purchase	PROMOTION	The Shops, 3
6:00p	Dining Room Photo Opportunity until 7:00pm	PROMOTION	Dining Room, 2
6:00p	Splurge Event - Just For You!	PROMOTION	The Shops, 3
7:00p	🕒 👤 Music Trivia: Hits of North America		Billboard Onboard, 2
7:00p	Skin Reset: Find Your Routine	PROMOTION	The Shops, 3
7:00p	Grey Goose Vodka Tasting	PROMOTION	The Shops, 3
7:00p	🕒 👤 Michael Godard Exhibition & Sale		Art Gallery, 2
7:00p	Ladies' Night in the Thermal Suite \$39	PROMOTION	Greenhouse Spa, 9

Live Music



Returns Tomorrow



British Invasion
8:15pm

The 1980s
9:15pm

All Requests
10:15pm



Third Avenue West
Plays

6:00pm
8:30pm
9:30pm

8:30p	Kabana Collection Showcase	PROMOTION	Effy Jewelry, 3
8:30p	🕒 👤 Game Night: Don't Look Now & La La Land	NEW	Rolling Stone Lounge, 2
10:00p	👤 Dance to the Hits		Rolling Stone Lounge, 2
11:00p	🕒 👤 Over \$511,000 Paradise Lotto Jackpot Drawing		Casino, 2

TODAY ON **WORLD** STAGE

Decks 1, 2 & 3, forward

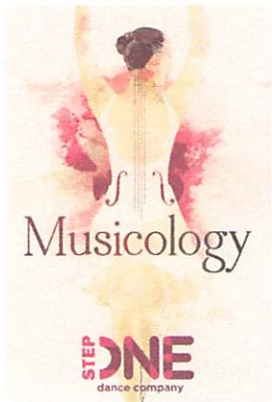


2:00pm

Today's Movie: Disneynature: Bears

(Documentary/Drama, 1 hour, 18 minutes)

An American nature documentary film about a family of brown bears living in the coastal mountain ranges of Alaska.



7:30pm & 9:00pm

The Step One Dance Company: Musicology

Sound and Dance Unite as the Orchestra Comes Alive.

DINING HIGHLIGHTS

Pinnacle Grill Dinner

5:00pm - 9:30pm

Pinnacle Grill, 2

Steak & Seafood, menu designed with chef David Burke .



The Flavors of Alaska

Look for the Taste Alaska logo each day in the Dining Room and Lido Market to experience local ingredients and flavors.

TASTE
ALASKA

TONIGHT IN THE LIDO MARKET

TASTE
ALASKA

Alaska Teriyaki Salmon

teriyaki glazed sesame seeds

HOURS

Restaurants

Dining Room

Cruising Classics
7:30am - 9:00am
5:00pm - 9:00pm
Deck 2, aft

Canaletto ^{\$}

Fresh Italian Pasta
5:00pm - 9:30pm
Deck 9, mid-ship

Pinnacle Grill ^{\$}

Steak & Seafood
5:00pm - 9:30pm
Deck 2, mid-ship

Tamarind ^{\$}

Pan-Asian Cuisine
5:00pm - 9:30pm
Deck 11, mid-ship

Morimoto by Sea ^{\$}

Contemporary Asian
5:00pm - 9:30pm
Deck 11, mid-ship

Lido Market

Casual Dining
6:30am - 10:00am
11:30am - 2:00pm
2:00pm - 4:30pm*
5:30pm - 8:00pm
10:30pm - 11:30pm*
Deck 9, mid-ship & aft

New York Deli & Pizza

Hand-made Pizzas
11:30am - 11:30pm
Deck 9, aft

Dive-In

Burgers & Hot Dogs
11:30am - 5:30pm
Deck 9, mid-ship

^{\$} cover charges apply * select stations available



The artwork featured on our program and Dining Room menus was created by Rico Worl, a Tlingit/Athabaskan designer. He is the founder of Trickster Company which strives to promote innovative indigenous design.

DRINKS

Coffee, Treats & More

Explorations Café

6:00am - 9:00pm

Deck 11, forward

Pinnacle Bar

7:00am - 4:00pm

Deck 2, mid-ship

Drip coffee and tea are always available in the Lido Market.

Wine & Cocktails

Pinnacle Bar

4:00pm - 10:00pm

Deck 2, mid-ship

Lido Bar

7:00am - 9:00pm

Deck 9, mid-ship

Ocean Bar

10:00am - 11:00pm

Deck 3, mid-ship

Guests 21 and over are welcome to purchase and consume alcoholic beverages. Proper identification is required, and guests will be asked to verify their age.

HOURS

Services

Future Cruises

3:00pm - 6:00pm

Deck 1, mid-ship

Guest Services

24 hours (Dial 90)

Deck 1, mid-ship

Medical Center

7:00am - 9:00am

3:00pm - 5:00pm

A Deck, forward

Shore Excursions

7:00am - 8:00am

4:00pm - 6:00pm

Deck 11, forward

Dining Reservations

24 hours (Dial 88)

Room Service

24 hours (Dial 92)

Shopping Concierge

6:00pm - 7:00pm

Deck 1, mid-ship

Shopping

Art Gallery

6:00pm - 10:00pm

Deck 2, mid-ship

Photo Shop

5:00pm - 10:00pm

Deck 3, aft

The Shops

5:30pm - 10:30pm

Deck 3, mid-ship

Recreation

Fitness Center

6:00am - 9:00pm

Deck 9, forward

Hot Tubs

9:00am - 10:00pm

Deck 9, mid-ship, aft

Casino

5:30pm - Late

Deck 2, forward

Pools

7:00am - 10:00pm

Deck 9, mid-ship, aft

Spa & Salon

8:00am - 10:00pm

Deck 9, forward

Sport Court

7:00am - 10:00pm

Deck 11, mid-ship