



Sunday, March 8, 2026 • Fuerte Amador (Panama City), Panama

Arrival
5:00PM

Tonight's Attire
Casual

All Aboard
March 9, 2026
2:00AM

Going Ashore in Panama City

Aside from water, no food or drink is allowed to be taken ashore. When going ashore, please remember to carry your stateroom keycard and a government issued photo ID.

Safety Advisory

As in any city, you should be aware of your surroundings and the people around you. Use discretion when handling cash publicly and separate money for small and large purchases. Never provide personal information to any person you don't know, and take extra care with handbags, cameras and other valuables. Be vigilant in high traffic areas, such as train stations and crowded markets.

Today's Highlights

Coffee with Tjalling

9:00am

Rolling Stone Lounge, 2

Featuring the Women of Zuiderdam.



Cooking Show

10:00am

Rolling Stone Lounge, 2

Join your Cruise Director Tjalling and Chefs Arlene and Alex as they show you how to make this Holland America favorite.



Game Show: Secret Identities

8:30pm

Rolling Stone Lounge, 2

Help our contestants guess their new hidden identities.



TODAY'S ACTIVITIES & PROMOTIONS

7:00am	Walk a Mile	Ocean Bar, 3
8:00am	Tai Chi for Everyone	Lido Poolside, 9
8:00am	Pure Form Pilates \$20	Fitness Center, 9
8:00am	A Pickup Game of Pickleball	Sport Court, 11
8:00am	Interdenominational Service	Hudson Room, 3
9:00am	Cariloha Towels: Buy Three Get One Free PROMOTION	The Shops, 2
9:00am	Introduction to Iris Photography PROMOTION	Photo Shop, 3
9:00am	Coffee with Tjalling featuring the Women of Zuiderdam	Rolling Stone Lounge, 2
9:00am	Mass is Celebrated	Hudson Room, 3
9:00am	Pickleball Instructions: Dink & Dive	Sport Court, 11
9:00am	Cameras and Binoculars Sale PROMOTION	Lido Poolside, 9
9:30am	Watercoloring: Birds	Art Studio, 10
10:00am	Bridge Instruction for Beginners	Stuyvesant Room, 3
10:00am	Cooking Show	Rolling Stone Lounge, 2
10:00am	Learn to Line Dance	Lido Poolside, 9
10:00am	Pickleball Tournament	Sport Court, 11
10:00am	The World Up Close: The Panama Canal	World Stage, 1, 2 & 3
10:30am	Secrets to Tighter, Smoother Looking Skin	Spa & Salon, 9
10:30am	Watercoloring: Birds	Art Studio, 10
10:30am	Designer Diamond Blitz PROMOTION	Effy Jewelry, 3
11:00am	Intermediate Bridge Instruction	Stuyvesant Room, 3
11:00am	\$1,900 Jackpot Bingo Ticket sale 10:00am	Billboard Onboard, 2
11:00am	Arthritis, Acute and Chronic Pain Relief PROMOTION	Spa & Salon, 9
11:30am	Watercoloring: Birds	Art Studio, 10
1:00pm	EHNY Designer Jewelry Showcase PROMOTION	Effy Jewelry, 3
1:00pm	Ask Your Travel Guide until 2:45pm LOCAL	Atrium, 1
1:00pm	Mahjong Players Meet until 4:00pm	Game Room, 10
1:00pm	Knitter's Meetup	Art Studio, 10
1:00pm	Today's Trivia: Famous Women	Billboard Onboard, 2
1:30pm	Complimentary Massage Sampler PROMOTION	Spa & Salon, 9
1:30pm	Duplicate Bridge Play	Stuyvesant Room, 3
2:00pm	Today's Movie: Romancing the Stone Romance/Adventure, PG, 1 hour & 46 mins	Rolling Stone Lounge, 2

2:00pm	Complimentary Fine Jewelry Cleaning	PROMOTION	Effy Jewelry, 3
2:00pm	 Hemingway's Caribbean		World Stage, 1, 2 & 3
2:00pm	 Golf Putting		Lido Poolside, 9
2:30pm	 Creating Doodle Designs: Grid		Art Studio, 10
3:00pm	Free Liquor Tasting: Small Batch Exclusives		The Shops, 3
3:00pm	 Afternoon Tea is Served		Dining Room, 2
3:00pm	 Port Talk: Cartagena	LOCAL	World Stage, 1, 2 & 3
3:00pm	 Ship Scavenger Hunt		Atrium, 1
3:00pm	 Basketball Free Throw Challenge		Sport Court, 11
3:00pm	Luxury Watches Under \$500	PROMOTION	The Shops, 3
3:30pm	50% Off Happy Hour wine, beer and cocktails \$12 or less		Billboard Onboard, 2 & Ocean Bar, 3
3:30pm	 Origami Folding: Box		Art Studio, 10
4:00pm	Eat More to Weigh Less	PROMOTION	Fitness Center, 9
4:00pm	Shopping Q&A with Kris		Port Shopping, 1
4:00pm	 Team Trivia Challenge		Billboard Onboard, 2
4:00pm	 Let's Play Ladder Ball		Lido Poolside, 9
4:00pm	 \$610,000 Paradise Lotto Jackpot Drawing		Casino, 2
4:00pm	The Bow is Open <i>weather permitting</i>		Bow, 4
4:30pm	 Coloring for Adults		Art Studio, 10
4:30pm	 Friends of Bill W. Meet		Stuyvesant Room, 3
5:00pm	Zuiderdam Arrives in Panama City		
5:00pm	Panama City Photo Opportunity until 8:00pm	PROMOTION	Pier Ashore
6:00pm	 Evening Stretch		Fitness Center, 9
6:00pm	 Singles & Solo Travelers Meetup		Gallery Bar, 2
7:00pm	 Music Trivia: Female Voices		Billboard Onboard, 2
7:00pm	 PRIDE Meetup		Gallery Bar, 2
7:30pm	 Tonight's Show: Vocalist Anita Newby		World Stage, 1, 2 & 3
8:30pm	 Game Show: Secret Identities		Rolling Stone Lounge, 2
9:00pm	 Young Adult Meetup		Gallery Bar, 2
9:00pm	 Tonight's Show: Vocalist Anita Newby		World Stage, 1, 2 & 3
9:30pm	 It's Karaoke Time!		Rolling Stone Lounge, 2

TODAY ON WORLD STAGE *Decks 1, 2 & 3, forward*

10:00am



The World Up Close: The Panama Canal
An Engineering Marvel.

Repeated from March 7.

2:00pm



Hemingway's Caribbean

Willie Aames shares anecdotes about his friendship with the Hemingway family and what Hemingway means to the Caribbean today.

3:00pm



Port Talk: Cartagena

Learn more about the places we'll visit this cruise.

7:30pm &
9:00pm



Vocalist:

ANITA NEWBY

"SCREEN TIME"

A celebration of significant moments in movie music history. These are the songs that made our moviegoing experience unforgettable.

TODAY'S MOVIE *Rolling Stone Lounge, 2*

2:00pm



Romancing the Stone

1984, Romance/Adventure, PG, 1 hour & 46 mins

A mousy romance novelist sets off for Colombia to ransom her kidnapped sister, and soon finds herself in the middle of a dangerous adventure hunting for treasure with a mercenary rogue.

LIVE MUSIC

billboard
onboard

Hot
R&B

6:00pm

Great
Standards

8:00pm

All
Requests

9:00pm

Explorer's Lounge

Vivace Piano

2:00pm

3:00pm

4:00pm

DINING & DRINK HIGHLIGHTS

Italian Cellar Master's Dinner

March 10

Canaletto, 9

A guided 5-course dinner celebrating the marriage of wine and food.

Dial 88 for reservations. 



Port-to-Plate Dining

Look for the Port-to-Plate logo each day in the Dining Room and Lido Market to experience local ingredients and flavors.



TONIGHT IN THE DINING ROOM

Grilled Molasses Lamb Chops

scalloped potatoes, vegetables

HOURS

Restaurants

Dining Room

Cruising Classics

8:00am - 9:30am

12:00pm - 1:00pm

5:00pm - 9:00pm

Decks 2 & 3, aft

Canaletto

Fresh Italian Pasta

5:00pm - 9:30pm

Deck 9, mid-ship

Pinnacle Grill

Regional Fresh Fish,

Steak & Seafood

12:00pm - 1:00pm

5:00pm - 9:30pm

Deck 2, mid-ship

Dive-In

Burgers & Hot Dogs

11:30am - 6:00pm

Deck 9, mid-ship

Lido Market

Casual Dining

7:00am - 10:30am

11:30am - 2:00pm

2:00pm - 4:00pm*

5:30pm - 8:00pm

10:30pm - 11:30pm*

Deck 9, mid-ship & aft

 cover charges apply * select stations available

HOURS

Cafés & Bars *A full list of bar hours is available on Navigator*

Billboard Onboard	3:00pm - close	Deck 2, forward
Crow's Nest Café	6:00am - 10:00pm	Deck 10, forward
Gallery Bar	9:00am - close	Deck 2, forward
Lido Bar	7:00am - 10:00pm	Deck 9, mid-ship
Ocean Bar	10:00am - 11:30pm	Deck 3, mid-ship
Pinnacle Bar	7:00am - 10:00pm	Deck 2, mid-ship
Sea View Bar	9:00am - 11:30pm	Deck 9, aft

50% Off Happy Hour: wine, beer and cocktails \$12 or less
3:30pm - 4:30pm, Billboard Onboard, 2 & Ocean Bar, 3

Guests ages 21+ are welcome to purchase and consume alcoholic beverages.
Proper identification is required, and guests will be asked to verify their age.

Recreation

Casino	9:00am - 4:30pm Cashier 9:00am - 4:30pm Slots 10:00am - 4:30pm Tables	Deck 2, forward
Fitness Center	6:00am - 9:00pm	Deck 9, forward
Hot Tubs	8:00am - 10:00pm	Deck 9
Pools	7:00am - 10:00pm	Deck 9
Spa & Salon	8:00am - 9:00pm	Deck 9, forward

Services

Dining Reservations	24 hours - Dial 88	
Guest Services	24 hours - Dial 90	Deck 1, mid-ship
Future Cruises	9:00am - 12:00pm	Deck 1, mid-ship
Medical Center	8:00am - 10:00am 4:00pm - 6:00pm By appointment-Dial 32000 Dial 911 for emergencies	A Deck, forward
Room Service	24 hours - Dial 92	
Shore Excursions	10:00am - 12:00pm 3:00pm - 4:00pm	Deck 10, forward

Shopping

Port Shopping	4:00pm - 5:00pm	Deck 1, mid-ship
The Shops	9:00am - 4:00pm	Decks 2 & 3, mid-ship
EFFY Jewelry	9:00am - 4:00pm	Deck 3, mid-ship
Photo Shop	9:00am - 5:00pm	Deck 3, aft